**Grade Six Week 3**

**September**

Objective:

To practice beat/rhythm

To practice note names/values

Materials:

Wood blocks, glockenspiels

Routine:

Echo: talking/whisper/singing, high/low/middle, clapping (clap 4 beats and as they are echoing, start the next 4 beats, have a ta ta ta ta every other time)

Sing/play: I Can Keep the Beat (pg 5 bk 2)

Move: wood block beat, add triangle and drum (high and low) tell them what beat to step on (quarter, half, whole, eighth)

Review the note values and how we say them (ti ti, ta, two-o, f-o-u-r) and the rests and how they all look on a staff

Review note names and where they are found on the staff

Sing: I Love to Sing – review first, 2nd and 3rd parts and have students come up with a choreography for it, split into 3 groups and have each group move accordingly, switch until everyone has done each part

Play: Follow Me

Routine:

Brain Dance: breath, tactile, core/distal, head/tail, top/bottom (tracking), side (tracking), cross lateral, vestibular

Echo: talk/whisper/sing, high/low/middle, I Can Keep the Beat

Move: wood block, triangle and drum – 8 locomotor and 8 non-locomotor

Speech: Them’s Potatoes – teach words a verse at a time, add body percussion, have them switch to non-pitched percussion same as Follow Me