**Grade Five Week 3**

**September**

Objective:

To practice beat/rhythm

To practice note names/values

Materials:

Wood blocks, glockenspiels

Routine:

Echo: talking/whisper/singing, high/low/middle, clapping (clap 4 beats and as they are echoing, start the next 4 beats, have a ta ta ta ta every other time)

Sing/play: jump in/jump out for introductions (do at desks, only those that we missed)

Move: play wood block, introduce drum and triangle (move on different levels)

Review the note values and how we say them (ta, two-o, f-o-u-r) and the rests and how they all look on a staff

Review note names and where they are found on the staff

Sing: I Love to Sing – review first part and have students walk around to beat while singing. Teach 2nd and 3rd parts and have students come up with a choreography for it, split into 3 groups and have each group move accordingly, switch until everyone has done each part

Speech: Them’s Potatos (body percussion) teach a line at a time, then add body percussion

Routine:

Brain Dance: breath, tactile, core/distal, head/tail, top/bottom (tracking), side (tracking), cross lateral, vestibular

Echo: talk/whisper/sing, high/low/middle, I Can Keep the Beat (introductions)

Sing/play: Follow me, have students do the body rhythm, then decide what instrument they should play instead – play until all have played each of the 4 groups (snap, clap, patsch, stomp)

Sing: I Love to Sing – choreography today