**Grade Four Week 3**

**September**

Objective:

To practice beat/rhythm

To practice note names/values

Materials:

Wood blocks, glockenspiels

Routine:

Echo: talking/whisper/singing, high/low/middle, clapping (clap 4 beats and as they are echoing, start the next 4 beats, have a ta ta ta ta every other time)

Sing/play: jump in/jump out for introductions (just do those missed)

Move: play wood block, walk to the beat; add drum and triangle (middle, low, high)

Review the note values and how we say them (ta, two-o, f-o-u-r) and the rests and how they all look on a staff

Review note names and where they are found on the staff

Speech: F-U-N – teach whole rhyme and then have them do stop/go to internalize

Sing: Rise Up – sing first part, walk around and sing – split into 2 groups

Routine:

Brain Dance: breath, tactile, core/distal, head/tail, top/bottom (tracking), side (tracking), cross lateral, vestibular

Echo: talk/whisper/sing, high/low/middle, I Can Keep a Beat

Play: shadows-find a partner and choose one person to be the leader, then switch roles

Move: move to wood block, drum and triangle– tell them which note value you want them to walk to and let them experience it at different speeds

Review note names/values and where they are on the staff

Sing/play: Follow me, have students do the body rhythm, then decide what instrument they should play instead – play until all have played each of the 4 groups (snap, clap, patsch, stomp)

Sing: Rise Up, teach the 2 ostinatos – if they have them down, create choreography