**Grade 1 Week 3**

**September**

Objectives:

Continue working on rhythm and beat

Work on slow and fast/High and low

Introduce so mi hand signs

Materials:

Wood block, rhythm sticks, glockenspiels

Routine:

Echo: talk/whisper/sing, high/low/middle, I Think Music’s Neat, I Can Keep a Steady Beat (have students do body rhythms and count to 8)

Play: “who is wearing…” Up the Ladder, Down the Ladder (introduce self and neighbor)

Sing/Play: Clap, Clap, Clap Your Hands (pg 4)

Move: to a steady beat on wood block (stopping on ti ti ta) experience different speeds, then have them move low when they hear drum and high when they hear triangle

Sing: so mi for I Think Music’s Neat, then bring in the words – do stop/go and see if they can internalize the song – sign with so mi signs, then come up with other ways to keep the beat (non-pitched instruments)

Play: Monkey See Monkey Do

Routine:

Brain Dance – breath, tactile, core/distal, head/tail, cross lateral, top bottom (tracking), right left (tracking), vestibular.

Echo – talk/whisper/sing, high/low/middle, Welcome Back to School

Play: “who is wearing…” Sing me your name (pg 8)

Move: to a pulse using drum and triangle and wood block (stopping on ti ti ta) experience different speeds and levels

Sing/Play: I Think Music’s Neat (pg 5) have students come up with ways to keep the beat

Sing/Play: Follow Me – use instruments chosen last week

Play: Hickory Dickory Dock – introduce ostinato